

Major Depressive Disorder Assessment Scales and Tools

Assessing Emotional Blunting



[Oxford Depression
Questionnaire](#)



[The Motivation and
Energy Inventory](#)



[MADRS](#)

Assessing Cognitive Dysfunction



[THINC-it](#)



[Screen for Cognitive
Impairment in Psychiatry](#)



[Digit Symbol Substitution
Test](#)



[Perceived Deficits
Questionnaire – Depression](#)



[Cognitive and Physical
Functioning Questionnaire](#)

Assessing Sleep



[Pittsburgh Sleep
Quality Index](#)



[Insomnia Severity
Index](#)